

HORIZON PUBLIC HEALTH BREASTFEEDING RESOURCE LIST

Supporting breastfeeding families living in
Douglas, Grant, Pope, Stevens, and Traverse counties.

HORIZON PUBLIC HEALTH CORE RESOURCES

(same for all counties)

- Horizon Public Health Breastfeeding Support Center: 320.763.6018
- Horizon Public Health WIC: 320.763.6018
- Horizon Public Health Breastfeeding Classes, Register online:
<https://horizonphmn.gov/program/breastfeeding-classes-resources/>
- Apply for WIC: <https://www.health.state.mn.us/people/wic/>
- Apply for Nurse-Family Partnership: <https://shnfp.org/>

GRANT COUNTY

- Lake Region Healthcare: 218.739.2221

POPE COUNTY

- Glacial Ridge Health System: 320.634.4521

DOUGLAS COUNTY

- Alomere Health Lactation Consulting Service: 320.763.5123
- Sanford Health Broadway Clinic: 320.762.0399
- WELL & Company Direct Primary Care: 320.314.3828
- Life Connections: 320.762.1224
- Empowered Midwifery: 320.335.1709

TRAVERSE COUNTY

- Sanford Wheaton Medical Center: 320.563.8226

STEVENS COUNTY

- Stevens Community Medical Center: 320.589.1313
- Options for Women: 320.288.8796
- Options for Women (Spanish): 320.288.8796
- Lactation With Alyssa, LLC: 320.349.2107

ONLINE RESOURCES

- WIC Breastfeeding:
<https://www.health.state.mn.us/people/wic/bf/index.html>
- Office on Women's Health: <https://www.womenshealth.gov/>
- Kelly Mom: <https://kellymom.com/>
- AWHONN: <https://www.awhonn.org/consumer-resources/breastfeeding-resources-for-parents/>
- La Leche League: <https://www.llli.org/>
- CDC Breastfeeding:
<https://www.cdc.gov/breastfeeding/php/about/index.html>
- Babylist: <https://www.babylist.com/index>
- Breastfeeding Resources: <https://www.bfrct.com/>
- Lactation with Alyssa, LLC Breastfeeding Foundations
Online Course: <https://lactationwithalyssa.learnworlds.com/>


HORIZON



Public Health
Prevent. Promote. Protect.

For more information:
www.horizonphmn.gov

