



The Installation



Horizon Public Health

Monthly Bulletin

April 2026

April is Distracted Driving Awareness Month

Distracted driving is one of the top leading cause of crashes, injuries, and fatalities on Minnesota roads. That's why Minnesota's Hands-Free Law is in place—to help drivers stay focused and reduce preventable traffic crashes.

Stay Focused with Hands-Free Minnesota

Minnesota law allows drivers to use their phones only through voice commands or single-touch activation, without holding the phone.

YOU CAN:

- Make calls
 - Send texts
 - Listen to music or podcasts
 - Use GPS for directions
- all without holding your phone!**

What CAN'T I Do?

- Hold your phone while driving
- Video call or live stream
- Access or post on social media
- Stream or record videos
- Look up information while driving
- Play games or use non-navigation apps



Are There Penalties? YES!

Violating the hands-free law comes with consequences:

- First ticket: \$100** or more (includes fine + court costs)
- Subsequent tickets: \$300** or more (includes fine + court costs)
- A felony charge** of criminal vehicular operation or homicide if you injure or kill someone



HANDS-FREE MINNESOTA LAW
HandsFreeMN.org

Drive smart and join Minnesota's distracted-free driving movement.

Put your phone away or set it to "Do Not Disturb," and keep it out of reach or in hands-free mode. Set up music and GPS before driving. Adjust mirrors and airflow ahead of time. Keep drinks secure, avoid messy foods, and ensure children understand and follow good behavior in the car.

Visit HandsFreeMN.org for more information.



Our Mission

is to promote, protect, and improve the health and well-being of all people in our communities.



800.450.4177 or 320.763.6018



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