



# The Installment



Horizon Public Health

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## Radon: An Invisible Risk in Our Homes

Radon is a harmful gas that you can't see, smell, or taste, but it is a serious health risk. Radon comes from the natural breakdown of uranium in the soil and is found all over Minnesota. It can seep into homes through cracks, gaps, and other openings, building up to unsafe levels indoors.

### Why is Radon a Problem in MN?

- **Higher Risk:** Minnesota has radon levels more than **3** times higher than the U.S. average due to its geology and climate.
- **Closed Homes:** Homes in Minnesota are sealed up or heated for much of the year, trapping radon inside.

Get a Test Kit Today!



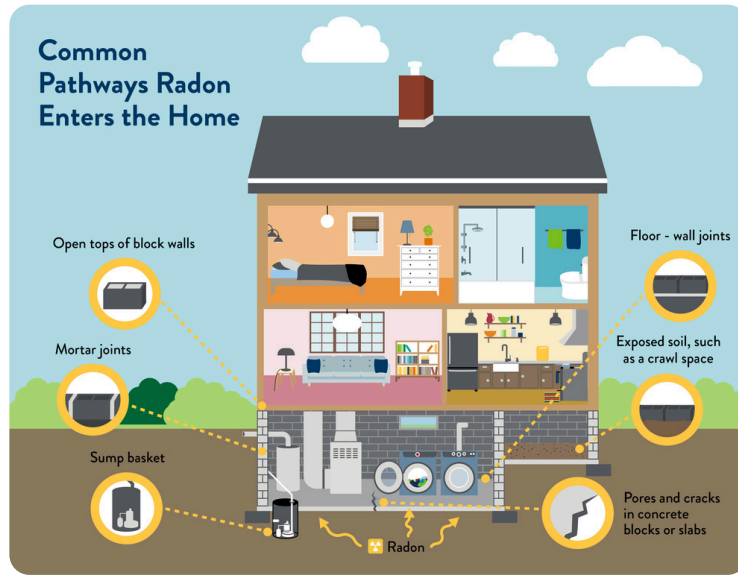
Visit our website. Scan the QR Code.  
Or Call 320.763.6018

### How Does Radon Affect Health?

Radon is a leading cause of lung cancer for non-smokers. Breathing in radon over time increases your risk. Any radon level can pose a risk, but higher levels are more dangerous.

### How Can You Protect Your Home?

- **Test for Radon:** The only way to know if your home has radon is to test for it.
- **Take Action:** If your radon level is 4 pCi/L or higher, the MN Department of Health recommends installing a radon mitigation system to reduce levels. If your level is between 2 and 4 pCi/L, consider lowering it as much as possible.



### Our Mission

is to promote, protect, and improve the health and well-being of all people in our communities.



800.450.4177 or 320.763.6018



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