

PHYSICAL ACTIVITY RESOURCE LIST

For Traverse County



Check out the many opportunities for physical activity in Traverse County, Minnesota

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The hours of operation, amenities available, fees or cost of programs/services, and age ranges for participation may vary from what is listed. Please contact each resource to confirm service or program details.

If you have a resource to add please send the name, physical address, website, and phone number with a brief description to: sophiag@horizonphmn.gov

This Resource is created by the Statewide Health Improvement Partnership Team at Horizon Public Health. The Statewide Health Improvement Partnership (SHIP) supports community-driven solutions to expand opportunities for active living, healthy eating, mental well-being, and commercial tobacco-free living.



City Parks & Public Beaches

Falk Park: 2nd Ave N & 3rd St N, Wheaton

Phone (Lodge): 320-563-8174

Falk Park offers space for activities throughout the seasons. The park features playground equipment, a shelter, and picnic tables. Basketball courts are fenced-in, and a sidewalk leads to the Falk Park Lodge (an indoor space that can be rented for private events). At the end of December, two outdoor skating rinks are located in the park. The rinks have outdoor lighting, music, and an attendant. We have a wide variety of skates for use by the public (for free!). Take a break from skating to enjoy hot cocoa and pizza with your family in Falk Lodge, which is used as the warming house. Indoor bathrooms are also available.

Traverse County Park: Browns Valley

Campgrounds, swimming beach

Wheaton Ballfields: 16th St N & 3rd Ave N, Wheaton

In the summer, spectators can watch games coordinated by Community Ed, Legion Baseball, the Dumont Saints, and several softball leagues. Hotdogs and concessions are usually available, as are access to indoor bathrooms.

Wheaton City Park: 4th Ave S & 7th St S, Wheaton

The City Park is located next to the Traverse County Fairgrounds, and offers a full city-block dedicated to green space and recreational activities. In the summer, a volleyball net is placed on the South end of the park. Horseshoe pits (with lights for night time games) are used by a regional horseshoe league. There is a shelter and several picnic tables. The Park also offers a basketball hoop, sandbox, swings, playground, and bathrooms (across the street).



Community Recreation & Schools

Browns Valley Public School

320-695-2103 | www.brownsvalley.k12.mn.us

118 Church Street, Browns Valley, MN 56219

School building/playground/gym. Visit website for more information.

Wheaton Area Schools

320-563-4218 | www.wheaton.k12.mn.us

- Pearson Elementary School: 710 4th Ave N, Wheaton, MN 56296
- Wheaton Area High School: 1700 3rd Ave S, Wheaton, MN 56296

School buildings/indoor walking/gym/playground/community education. Visit website for more information.

Wheaton Swimming Pool

320-563-0649 | www.cityofwheaton.com/wheaton-swimming-pool

1601 2nd Ave S, Wheaton, MN 56296

Open June-August. Visit website for hours and fees.



Fitness & Wellness Facilities

Wheaton Fitness Center

1002 Broadway, Wheaton, MN 56296

320-760-2771

- 24/7 access, cardio machines, weights

