

PHYSICAL ACTIVITY RESOURCE LIST

For Grant County



Check out the many opportunities for physical
activity in Grant County, Minnesota

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The hours of operation, amenities available, fees or cost of programs/services, and age ranges for participation may vary from what is listed. Please contact each resource to confirm service or program details.

If you have a resource to add please send the name, physical address, website, and phone number with a brief description to: sophiag@horizonphmn.gov

This Resource is created by the Statewide Health Improvement Partnership Team at Horizon Public Health. The Statewide Health Improvement Partnership (SHIP) supports community-driven solutions to expand opportunities for active living, healthy eating, mental well-being, and commercial tobacco-free living.



City Parks & Public Beaches

Athletic Park: 321 7th Ave SE, Elbow Lake, MN 56531

- Playground, tennis and pickleball courts, basketball hoops, bike rentals, sand volleyball, baseball and softball fields, Frisbee/disc golf, walking path, bathrooms, picnic shelter and a dog park with a free “library” of dog toys. In the winter it has two ice skating/hockey rinks and a warming house.

Barrett Beach: Barrett, MN 56311

- Bathrooms, changing rooms and a covered picnic shelter.

Boe Park: 414 Melby Ave, Ashby, MN 56309

- Picnic tables and picnic shelter.

Elk Lake Beach: County Rd 5, Hoffman, MN 56339

- Dock, diving platform, swimming lessons through the summer recreation program.

Elk Lake Campground: Hoffman, MN 56339

- Public watercraft landing and beach are adjacent to the campground.

Fairhaven Swimming Beach: 14520 Fairhaven Beach Rd N, Elbow Lake, MN 56531

- Picnic tables, picnic shelter, bathroom, and boat loading dock and ramp.

Hoffman City Park: Hoffman, MN 56339

- Covered picnic shelter and playground.

Memorial Park: 414 Melby Ave, Ashby, MN 56309

- Benches, picnic tables, and picnic shelter.

Pine Ridge Park: 180th St, Herman, MN 56248

Powers Park: Barrett, MN 56311

- Playground, basketball court, drinking fountain, and picnic shelter.

Thorson & Larson Park: Ashby, MN 56309

- Benches, shelter, and playground.

Veterans' Park: 815 Division St E, Elbow Lake, MN 56531

- Splash pad, water fountain, picnic shelter, picnic tables, and restrooms.



Additional Ashby City Parks and Information: <https://www.ashbyminnesota.org/index>

Additional Barrett City Parks and Information: <https://www.barrettmn.com/index>

Trails

Central Lakes Trail: Ashby, MN 56309

- 55 mile long paved trail from Fergus Falls to Osakis (connects to Lake Wobegon Trail)
- Cuts through the far-northeast corner of the county near the City of Ashby.
- Trail Access Points: Fergus Falls Central Lakes Trailhead on Hwy 210, Fergus Falls Delagoon City Park, Dalton, Ashby, Evansville, Brandon, Garfield, Lake Brophy Park, Alexandria Big Ole Park, Nelson, and the downtown Osakis Trailhead.

A short trail segment along both sides of Highway 82 through the City of Ashby, which also connects to the Central Lakes State Trail.

A trail in the City of Hoffman that follows County Road 5 and connects to Elk Lake.



County Parks

Pine Ridge Park: 180th St, Herman, MN 56248



Community Recreation & Schools

Ashby Public School Facilities

218-747-2257 | <https://www.ashby.k12.mn.us/>

School building/playground/outdoor fields/open gym/etc. Visit website for more information.

- Elementary and High School - 300 Birch Ave, Ashby

Elbow Lake Splash Pad- Veteran's Park

815 Division Street E, Elbow Lake, MN

Herman/Norcross School Facilities

320-677-2291 | <https://www.hncs.k12.mn.us/en-US>

School building/playground/open gym/outdoor basketball court/etc .

Visit website for more information.

- Elementary and High School - 504 Lois Ave North, Herman

Tipsinah Mounds Golf Course

218-685-4271 | 15185 Golf Course Rd, Elbow Lake, MN | <https://tipsinahgolf.com/>

West Central Area Schools Facilities

320-528-7300 | <https://www.isd2342.org/>

School buildings/outdoor fields/ open gym/etc. Visit website for more information.

- West Central Area North Elementary- 411 First Street SE, Elbow Lake
- West Central Area Secondary School- 301 County Road 2, Barrett
- West Central Area South Elementary- 31 N Central Ave, Kensington



Fitness & Wellness Facilities

Anderson Fitness 24/7

15 Division St, Elbow Lake, MN 56531

218-685-4348 | www.andersonfitness247.wixsite.com/andersonfitness247

- 24/7 access, weights, cardio, fitness classes

Destiny Fitness

28854 State Highway 78, Ashby, MN 56309

218-747-2300 | www.destinyfitness77.com

- 24/7 access, weights, cardio, gymnasium, fitness classes

