



HORIZON PUBLIC HEALTH

BREASTFEEDING RESOURCE LIST



Supporting breastfeeding families
living in Douglas, Grant, Pope,
Stevens and Traverse Counties.

Douglas County

- Horizon Public Health Breastfeeding Support Center: 320.763.6018
- Horizon Public Health WIC: 320.763.6018
- Alomere Health Lactation Consulting Service: 320.763.2700
- Sanford Health Broadway Clinic: 320.762.0399
- WELL & Company Direct Primary Care: 320.314.3828
- Life Connections: 320.762.1224
- Empowered Midwifery: 320.287.1531
- Horizon Public Health Breastfeeding Class, Register online: <https://horizonpublichealth.org/services/children-and-families/childbirth-and-breastfeeding/>
- Apply for WIC online at: <https://www.health.state.mn.us/people/wic/>
- Apply for Nurse-Family Partnership online at: <https://shnfp.org/>

Stevens County

- Horizon Public Health Breastfeeding Support Center: 320.763.6018
- Horizon Public Health WIC: 320.763.6018
- Stevens Community Medical Center: 320.589.1313
- Options for Women: 320.288.8986
- Options for Women (Spanish): 320.288.8796
- Lactation With Alyssa, LLC: 320.349.2107
- Horizon Public Health Breastfeeding Class, Register online: <https://horizonpublichealth.org/services/children-and-families/childbirth-and-breastfeeding/>
- Apply for WIC online at: <https://www.health.state.mn.us/people/wic/>
- Apply for Nurse-Family Partnership online at: <https://shnfp.org/>

Grant County

- Horizon Public Health Breastfeeding Support Center: 320.763.6018
- Horizon Public Health WIC: 320.763.6018
- Prairie Ridge Hospital & Health Services: 218.685.7300
- Lake Region Healthcare: 218.739.2221
- Horizon Public Health Breastfeeding Class, Register online: <https://horizonpublichealth.org/services/children-and-families/childbirth-and-breastfeeding/>
- Apply for WIC online at: <https://www.health.state.mn.us/people/wic/>
- Apply for Nurse-Family Partnership online at: <https://shnfp.org/>

Traverse County

- Horizon Public Health Breastfeeding Support Center: 320.763.6018
- Horizon Public Health WIC: 320.763.6018
- Sanford Wheaton Medical Center: 320.563.8226
- Horizon Public Health Breastfeeding Class, Register online: <https://horizonpublichealth.org/services/children-and-families/childbirth-and-breastfeeding/>
- Apply for WIC online at: <https://www.health.state.mn.us/people/wic/>
- Apply for Nurse-Family Partnership online at: <https://shnfp.org/>

Pope County

- Horizon Public Health Breastfeeding Support Center: 320.763.6018
- Horizon Public Health WIC: 320.763.6018
- Glacial Ridge Health System: 320.634.4521
- Horizon Public Health Breastfeeding Class, Register online: <https://horizonpublichealth.org/services/children-and-families/childbirth-and-breastfeeding/>
- Apply for WIC online at: <https://www.health.state.mn.us/people/wic/>
- Apply for Nurse-Family Partnership online at: <https://shnfp.org/>

Online Resources

- MN WIC: <https://www.health.state.mn.us/people/wic/bf/index.html>
- Office on Women's Health: <https://www.womenshealth.gov/>
- Kelly Mom: <https://kellymom.com/>
- AWHONN: <https://www.awhonn.org/consumer-resources/breastfeeding-resources-for-parents/>
- La Leche League: <https://www.llli.org/>
- CDC: <https://www.cdc.gov/breastfeeding/php/about/index.html>
- Babylist: <https://www.babylist.com/index>
- Breastfeeding Resources: <https://www.bfrct.com/>

For more information, please visit:
www.horizonpublichealth.org

