

Walk, Bike and EXPLORE



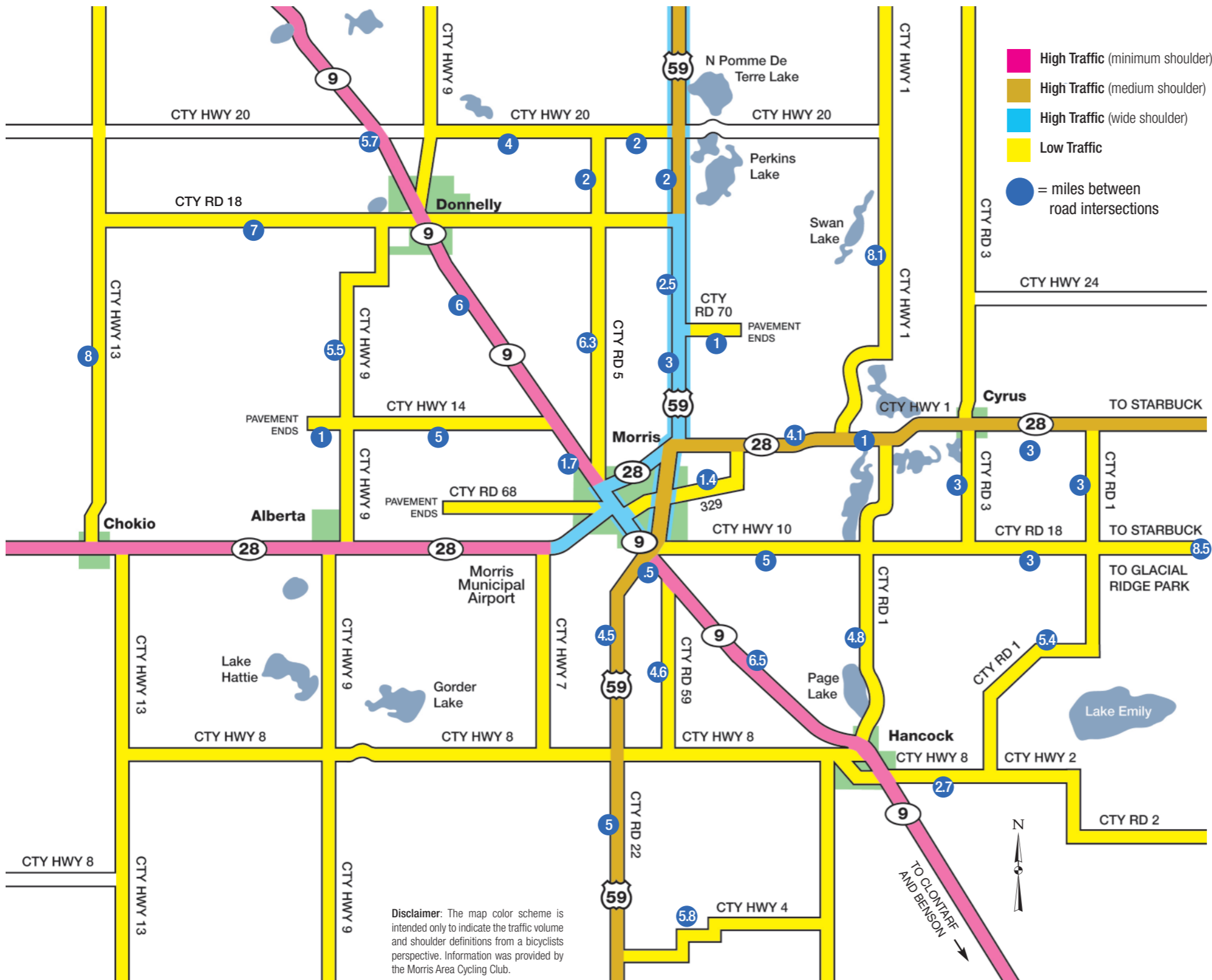
BIKING ROUTES

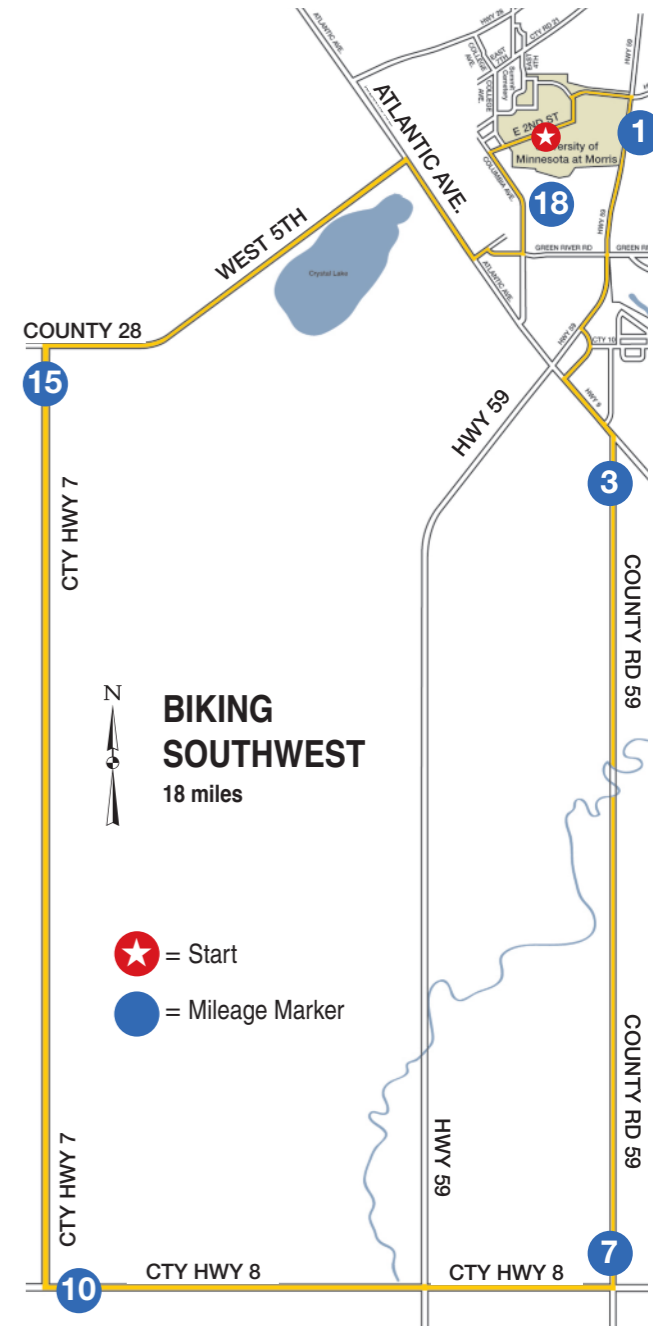
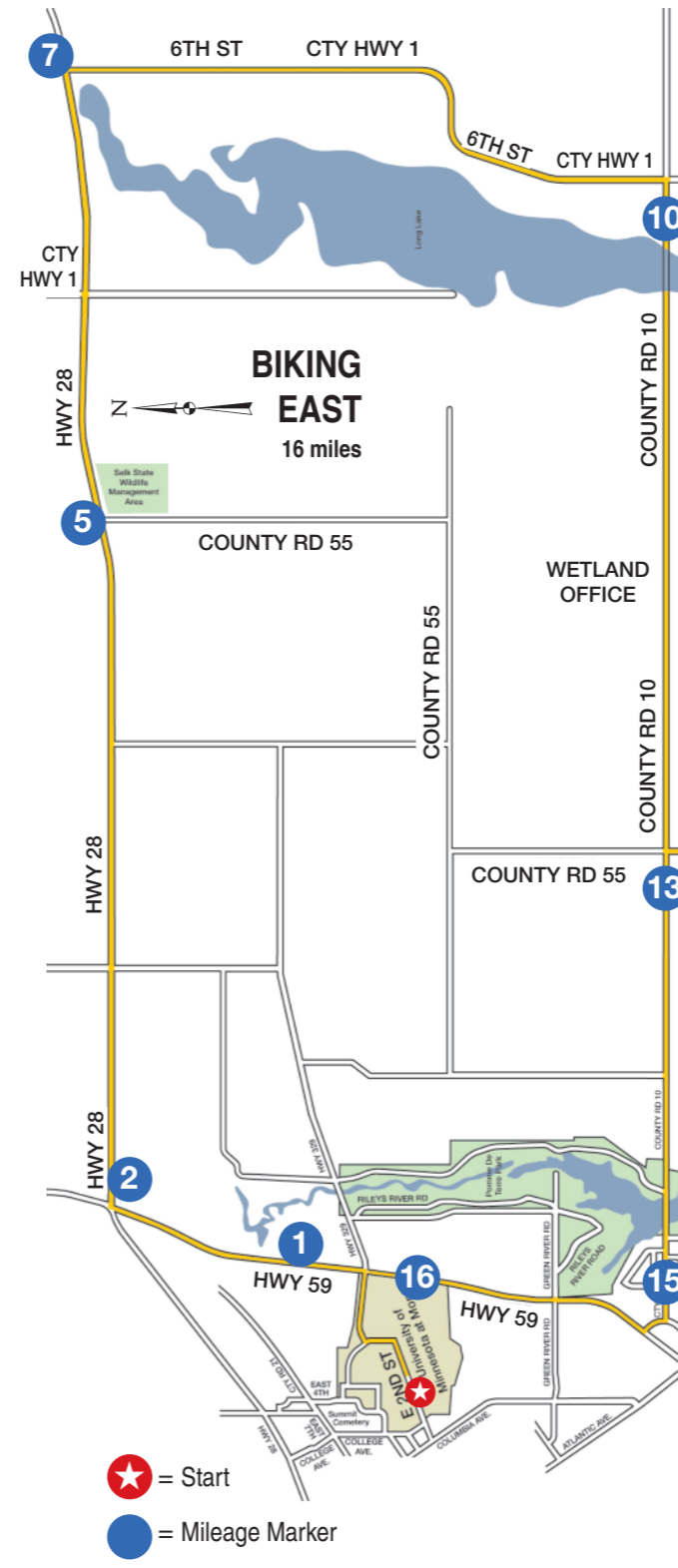
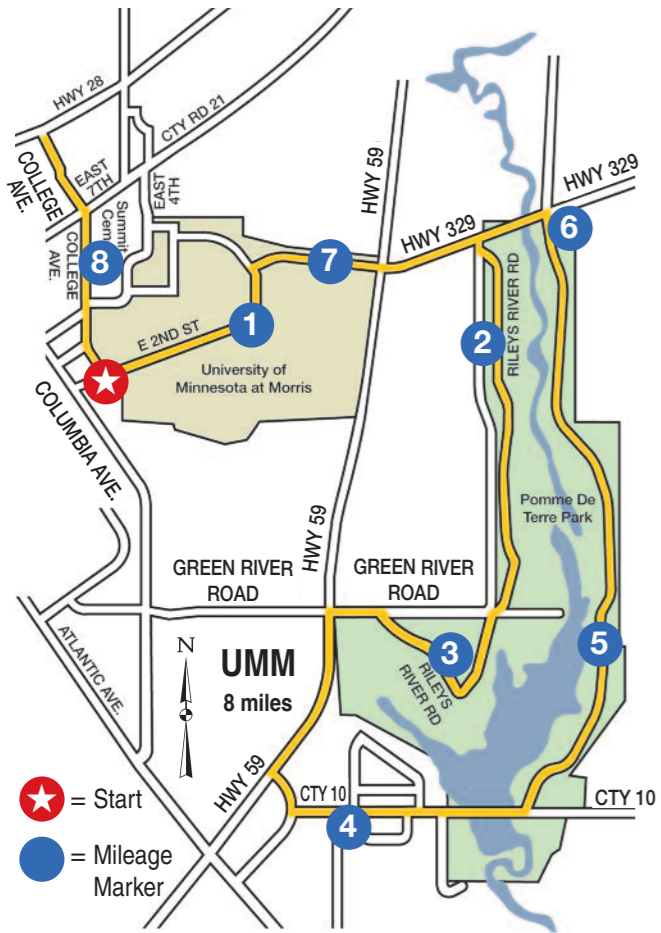
This biking route was created to encourage biking and exploring throughout the beautiful area of Stevens County. The Regional Fitness Center, City of Morris, and U of M Morris assembled it as part of SHIP, our statewide health improvement efforts, in creating communities that support healthy choices.

This biking map is brought to you by:



For Additional Routes Check Online at
www.westcentralwellness.org





Biking Safety Tips

Always wear a helmet

Bikes are vehicles

Ride on the right hand side of the road

Obey all traffic laws

Signal your turns

Remember to bring water

Share the road

Wear bright colors or reflective material

Cycling Resources

Wetland Office - fws.gov/midwest/morris/viscenter.html
Morris Area Cycling - morrisveloclub.com